





Menus may be subject to change due to daily availability of ingredients / 菜单有可能会根据日常原材料的供应状况做相应调整					
WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DATE	<u>May 31</u>	<u>June 1</u>	June 2	June 3	June 4
MAIN	Vegetarian Burrito with Beans and Mushrooms 蔬菜杂豆蘑菇煎饼	Baked Macaroni with Cauliflower & Cheese 花菜芝士焗弯通粉	Minestrone 意大利贝壳面烩杂蔬	Stir-fried Noodles (Onion, Carrot, Bean Sprouts) 三丝炒米粉	Veggie Dumplings 意式素食饺子
MAIN	Griiled Bell Pepper 烤彩椒	Vegetables Chili 蔬菜酱	Broccoli Quiche 法式西兰花乳蛋饼	Lotus Root with Buckwheat 荞麦酿莲藕	Fried Eggs with Tomatoes 番茄炒蛋
SIDE	Sauteed Green Bean with Sweet Corn 青豆炒玉米	Potato Wedges 薯角	Sauteed Mushroom with Asparagus 清炒蘑菇芦笋	Marinated Egg 卤蛋	Zucchini Cheese Tart 小瓜芝士挞
SIDE	Garlic Cauliflower 蒜蓉炒花菜	Poached Choy Sum 白灼菜心	Garlic Chinese Cabbage 蒜蓉小白菜	Stir-fried Mixed Mushroom 炒杂蘑菇	Leaf Mustard in Broth 上汤芥菜