






Menus may be subject to change due to daily availability of ingredients / 菜单有可能会根据日常原材料的供应状况做相应调整

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DATE	<u>June 3</u>	<u>June 4</u>	<u>June 5</u>	<u>June 6</u>	<u>June 7</u>
 MAIN	Stir-fried Noodles with Shredded Vegetables 三丝炒面	Vegetables Sandwich 素食三文治	Spaghetti with Tomato Sauce 茄汁意粉	Jacket Potato 皮夹克土豆	Korean Rainbow Bibimbap 韩式彩虹石锅拌饭
 MAIN	Stir-fried Mixed Mushroom 炒杂菇	Greek salad 希腊沙拉	Zucchini Cheese Tart 小瓜芝士挞	Roasted Vegetables (Potato, Zucchini, Bell Peppers) 烤时蔬	Egg Roll (Korean style) 韩式鸡蛋卷
 SIDE	Buttered Sweet Corn 黄油甜玉米	Steamed Asparagus 清蒸芦笋	Lemon broccoli 柠味西兰花	Spinach with Sesame 芝麻菠菜	Sautéed Long bean with Garlic 蒜香长豆角



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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DATE	<u>June 10</u>	<u>June 11</u>	<u>June 12</u>	<u>June 13</u>	<u>June 14</u>
 MAIN	Spinach Lasagna 菠菜千层面	Mushroom Risotto 杂菌烩饭	Udon with Mixed Vegetables 杂蔬炒乌冬	Caesar Salad 凯撒沙拉	
 MAIN	Baked Pumpkin 烤南瓜	Ratatouille 法式烩蔬菜	Long Bean & Mushroom with Lemon Grass & Basil 香茅炒香菇豆角	Vegetarian Sushi 杂蔬寿司	Half Day
 SIDE	Baked Beans in Tomato Sauce 茄汁焗豆	Crispy Garlic Chickpea 酥脆鹰嘴豆	Poached Choy Sum 白灼菜心	Mixed Fruit 混合水果	