



Menus may be subject to change due to daily availability of ingredients / 菜单有可能会根据日常原材料的供应状况做相应调整

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DATE	<u>August 12</u>	<u>August 13</u>	<u>August 14</u>	<u>August 15</u>	<u>August 16</u>
 MAIN				Cold Asian Summer Soba Noodle Salad 亚洲风味夏日冷面沙拉	Caramelized Onion Melt Cheesy Sandwich 焦糖洋葱芝士三文治
 MAIN				Vegetable Spring Roll with Ketchup 素食春卷配番茄酱	Devilled Eggs with Capers (NOT SPICY) (不辣) 魔鬼蛋配刺山柑
 SIDE				Mixed Fruits 混合水果	Buttered Sweet Corn 黄油甜玉米



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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DATE	<u>August 19</u>	<u>August 20</u>	<u>August 21</u>	<u>August 22</u>	<u>August 23</u>
 MAIN	Greek-Style Summer Omelette 希腊风味夏日煎蛋饼	Udon with Mixed Vegetables 杂蔬炒乌冬	Vegetarian Burrito 素食墨西哥卷	Sautéed Farfalle (Zucchini, Asparagus, Carrot) 鲜蔬蝴蝶面	Vegetable Green Curry 杂蔬绿咖喱
 MAIN	Chickpea Tomato Basil Salad 鹰嘴豆番茄罗勒沙拉	Long Bean & Mushroom with Lemon Grass & Basil 香茅炒香菇豆角	Garden Salad with Olive & Vinegar Dressing 田园沙拉配油醋汁	Spinach Cheese Tart 菠菜乳酪挞	Hainan Chicken Oil Rice 海南鸡油饭
 SIDE	Steamed Baby Corn 清蒸玉米笋	Baked Cauliflower 烤花菜	Mixed Fruits 混合水果	Sautéed Broccoli 清炒西兰花	Sautéed Baby Cabbage 清炒娃娃菜



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WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DATE	<u>August 26</u>	<u>August 27</u>	<u>August 28</u>	<u>August 29</u>	<u>August 30</u>
 MAIN	Tofu Rice Pancake Wrap 豆腐米纸卷	Vegan Sandwich 素食三文治	Vegetarian Pasta 素食意大利面 (西兰花、胡萝卜、香菇、 云南小瓜)	Deep-fried Rice Arancini with Cheese 芝士饭团子	Vegan Potato Tacos 土豆玉米饼
 MAIN	Mini Lemon Meringue Pies 迷你蛋白霜塔	Potato Wedges with Ketchup 薯角配番茄酱	Stuffed Aubergine & Yogurt Rolls 酸奶茄子卷	Fried Eggs with Tomatoes 番茄炒蛋	Roasted Pumpkin 烤南瓜
 SIDE	Mixed Fruits 混合水果	Roasted Zucchini 烤小南瓜	Stew Red Bean & Red Pepper 红腰豆炖红甜椒	Steamed Daikon 蒸白萝卜	Garlic Broccoli 蒜香西兰花