
















Menus may be subject to change due to daily availability of ingredients / 菜单有可能会根据日常原材料的可供性做相应调整

| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|------------------------------|---------------------------------|---|--|-------------------------------------|
| DATE | <u>May 6</u> | <u>May 7</u> | <u>May 8</u> | <u>May 9</u> | <u>May 10</u> |
|  MAIN | Korean Roasted Beef 韩式烤牛肉 | Korean Anon Chicken 韩式安东鸡 | Stir-fried Pork with Korean Chili Sauce 韩式辣酱炒猪肉 | Roasted Chicken Leg with Chili Sauce 香辣烤鸡腿 | Korean Roasted Pork Belly 韩式烤五花肉 |
|  MAIN | Deep-fried Eggplant 炸茄子 | Pan-fried Egg 煎蛋 | Cuttlefish Ball Curry 咖喱墨鱼丸 | Korean Rice Cake 韩式炒年糕 | Sweet & Sour Sole Fish 酸甜龙利鱼 |
|  SIDE | Sautéed Choy Sum 清炒菜心 | Mixed Spinach with Sauce 拌菠菜 | Scalded Chinese Cabbage 白灼奶白菜 | Mixed Bean Sprout with Sauce 拌豆芽 | Kimbap 紫菜包饭 |
|  SIDE | Kimchi 泡菜 | Kimchi 泡菜 | Kimchi 泡菜 | Kimchi 泡菜 | Kimchi 泡菜 |
|  RICE | Steamed Rice 白米饭 | Korean Bibimbap 韩式拌饭 | Steamed Rice 白米饭 | Fried Rice with Beef 牛肉炒饭 | Steamed Rice 白米饭 |






Menus may be subject to change due to daily availability of ingredients / 菜单有可能会根据日常原材料的可供性做相应调整

| WEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|-----------------------------------|--|---|--|--|
| DATE | <u>May 13</u> | <u>May 14</u> | <u>May 15</u> | <u>May 16</u> | <u>May 17</u> |
|  MAIN | Korean Roasted Meat Pie 韩式烤肉饼 | Beef Stew with Potatoes 土豆烧牛肉 | Chicken Cutlet with Black Pepper 黑椒鸡排 | Korean Style Stir-fried Beef 韩式炒牛肉 | Chicken Stew with Mushroom 香菇炖鸡 |
|  MAIN | Pan-fried Mushroom 香煎杏鲍菇 | Stir-fried Rice Cake with Cheese 芝士炒年糕 | Korean Tofu 韩式豆腐 | Fish Ball Curry 咖喱鱼蛋 | Kimbap with Tuna 金枪鱼紫菜包饭 |
|  SIDE | Mixed Broccoli with Sauce 拌西兰花 | Mixed Seaweed with Sauce 拌海藻 | Shanghai Green with Mushroom 香菇上海青 | Mixed Cucumber with Sauce 拌青瓜 | Mixed Bean Sprout with Sauce 拌豆芽 |
|  SIDE | Kimchi 泡菜 | Kimchi 泡菜 | Kimchi 泡菜 | Kimchi 泡菜 | Kimchi 泡菜 |
|  RICE | Steamed Rice 白米饭 | Korean Bibimbap 韩式拌饭 | Steamed Rice 白米饭 | Fried Rice with Kimchi 泡菜炒饭 | Steamed Rice 白米饭 |

Menus may be subject to change due to daily availability of ingredients / 菜单有可能会根据日常原材料的可供性做相应调整

| WEEK 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|---------------------------------|--|
| DATE | <u>May 20</u> | <u>May 21</u> | <u>May 22</u> | <u>May 23</u> | <u>May 24</u> |
|  MAIN | Korean Roasted Pork Neck 韩式烤猪颈肉 | Roasted Chicken Wing with Honey Sauce 蜜汁烤鸡翅 | Sweet & Sour Pork 糖醋里脊肉 | Korean Roasted Beef 韩式烤牛肉 | Korean Fried Chicken 韩式炸鸡 |
|  MAIN | Seaweed Roll with Egg 紫菜鸡蛋卷 | Stir-fried Pork Belly with Kimchi 泡菜炒五花肉 | Korean Style Stir-fried Mixed Vegetables 韩式炒杂菜 | Korean Omelett 韩式鸡蛋饼 | Kimbap 紫菜包饭 |
|  SIDE | Mixed Shredded Seaweed with Sauce 拌海带丝 | Marinated Egg 卤蛋 | Scalded Lettuce 白灼生菜 | Garlic Shanghai Green 蒜蓉上海青 | Stir-fried Pork Slice with Broccoli 西兰花炒肉片 |
|  SIDE | Kimchi 泡菜 | Kimchi 泡菜 | Kimchi 泡菜 | Kimchi 泡菜 | Kimchi 泡菜 |
|  RICE | Steamed Rice 白米饭 | Korean Bibimbap 韩式拌饭 | Steamed Rice 白米饭 | Fried Rice with Seafood 海鲜炒饭 | Steamed Rice 白米饭 |

Menus may be subject to change due to daily availability of ingredients / 菜单有可能会根据日常原材料的可供性做相应调整

| WEEK 4 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|-----------------------------------|---|--|--|--|
| DATE | <u>May 27</u> | <u>May 28</u> | <u>May 29</u> | <u>May 30</u> | <u>May 31</u> |
|  MAIN | Pork Curry 咖喱猪肉 | Korean Fried Chicken with Sweet & Chili Sauce 韩式甜辣酱炸鸡 | Korean Stir-fried Crisp Sausage 韩式炒脆皮肠 | Korean Roasted Pork Belly 韩式烤五花肉 | Korean Style Roasted Duck Breast 韩式烤鸭胸 |
|  MAIN | Mixed Beef with Cucumber 牛肉拌青瓜 | Egg Roll 鸡蛋卷 | Korean Stir-fried Beef 韩式炒牛肉 | Korean Tofu 韩式豆腐 | Kimbap 紫菜包饭 |
|  SIDE | Mixed Spinach with Sauce 拌菠菜 | Mixed Broccoli with Sauce 拌西兰花 | Garlic Choy Sum 蒜蓉炒菜心 | Stir-fried Fish Cake with Zucchini 小瓜炒鱼饼 | Mixed Seaweed with Sauce 拌海草 |
|  SIDE | Kimchi 泡菜 | Kimchi 泡菜 | Kimchi 泡菜 | Kimchi 泡菜 | Kimchi 泡菜 |
|  RICE | Steamed Rice 白米饭 | Korean Bibimbap 韩式拌饭 | Steamed Rice 白米饭 | Fried Rice with Chicken 鸡肉炒饭 | Steamed Rice 白米饭 |