



NOM NOM

Menus may be subject to change due to daily availability of ingredients / 菜单有可能会根据日常原材料的供应状况做相应调整

WEEK 1

DATE

MONDAY

November 4

TUESDAY

November 5

WEDNESDAY

November 6

THURSDAY

November 7

FRIDAY

November 8

MAIN

Korean Marinated Pork
韩式卤肉Korean Braised Beef
Brisket with Potatoes
韩式土豆炖牛腩Korean Anton Chicken
韩式安东鸡Korean Style Stir-fried Pork
韩式风味炒猪肉Squid Curry
咖喱鱿鱼

MAIN

Korean Stir-fried Rice Cake
韩式炒年糕Tofu with Kimchi
泡菜豆腐Stir-fried Rice Noodles with
Crab Cream & Small
Shrimp
蟹黄虾米炒粉丝Korean Omelette
鸡蛋饼Kimbap
紫菜包饭

SIDE

Stir-fried Choy Sum
with Garlic
蒜蓉炒菜心Mixed Spinach with Sauce
拌菠菜Mixed Broccoli with Sauce
拌西兰花Stir-fried Shanghai Green
with Mushroom
香菇炒上海青Stir-fried Shredded Pork
with Celtuce
青笋炒肉丝

SIDE

Kimchi
泡菜Kimchi
泡菜Kimchi
泡菜Kimchi
泡菜Kimchi
泡菜

RICE

Steamed Rice
白米饭Korean Bibimbap
韩式拌饭Steamed Rice
白米饭Fried Rice with Beef
牛肉粒炒饭Steamed Rice
白米饭

KOREAN

韩式餐盒

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WEEK 2

DATE

MONDAY

November 11

TUESDAY

November 12

WEDNESDAY

November 13

THURSDAY

November 14

FRIDAY

November 15



MAIN

Stir-fried Beef with
Mushroom & Kimchi
金针菇泡菜炒肥牛

Korean Fried Chicken with
Sweet & Sour Sauce
韩式甜辣酱炸鸡

Korean Marinated Beef
韩式酱牛肉

Roasted Orleans Chicken
奥尔良烤鸡腿

Roasted Pork
with Korean Sauce
大酱烤猪梅肉



MAIN

Stir-fried Rice Cake
with cheese
芝士炒年糕

Korean Stir-fried Vermicelli
with Mixed Vegetables
韩式杂菜炒粉丝

Stir-fried Shrimp
with Green Bean & Carrot
青豆红萝卜丁炒虾仁

Korean Braised Tofu
韩式烧豆腐

Kimbap with Tuna
金枪鱼紫菜包饭



SIDE

Mixed Bean Sprout
with Sauce
拌豆芽

Sautéed Shredded Celtuce
炒青笋丝

Mixed Spinach with Sauce
拌菠菜

Stir-fried Shanghai Green
with Mushroom
香菇炒上海青

Korean Stir-fried Fish
Cake
韩式炒鱼饼



SIDE

Kimchi
泡菜

Kimchi
泡菜

Kimchi
泡菜

Kimchi
泡菜

Kimchi
泡菜



RICE

Steamed Rice
白米饭

Korean Bibimbap
韩式拌饭

Steamed Rice
白米饭

Fried Rice with Eggs
蛋炒饭

Steamed Rice
白米饭



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WEEK 3

DATE

MONDAY

November 18

TUESDAY

November 19

WEDNESDAY

November 20

THURSDAY

November 21

FRIDAY

November 22

MAIN

Korean Anton Chicken
韩式安东鸡Stir-fried Pork
with Korean Chili Sauce
韩式辣酱炒猪肉Boneless
Chicken Thigh Curry
咖喱鸡腿肉Korean Style Roasted Beef
韩式烤肥牛

MAIN

Mixed Beef with Cucumber
青瓜拌牛肉Korean Stir-fried Fish Cake
韩式炒鱼饼Stir-fried Sliced Potato
with Kimchi
泡菜炒土豆片Korean Zucchini Cake
韩式小瓜饼

Staff PL Day



SIDE

Mixed Spinach with
Sesame
芝麻拌菠菜Sautéed Shredded Celtuce
炒青笋丝Stir-fried Choy Sum
with Garlic
蒜蓉炒菜心Sautéed Shanghai Green
清炒上海青

SIDE

Kimchi
泡菜Kimchi
泡菜Kimchi
泡菜Kimchi
泡菜

RICE

Steamed Rice
白米饭Korean Bibimbap
韩式拌饭Steamed Rice
白米饭Fried Rice with Kimchi
泡菜炒饭

KOREAN

韩式餐盒



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WEEK 4

DATE

MONDAY

November 25

TUESDAY

November 26

WEDNESDAY

November 27

THURSDAY

November 28

FRIDAY

November 29



MAIN

Korean Braised Beef
Brisket with Potatoes
韩式土豆炖牛腩

Korean Roasted Duck
Breast
韩式烤鸭胸肉

Fish Ball Curry
咖喱鱼丸

Korean Fried Chicken Leg
韩式炸鸡腿

Sweet & Sour Pork
酸甜猪肉



MAIN

Kimchi Cake
泡菜饼

Korean Style Roasted Pork
韩式烤猪肉

Korean Stir-fried
Mixed Vegetables
韩式炒杂菜

Tempura Eggplant
天妇罗茄子

Stir-fried Beef
with Mushroom
牛柳炒杏鲍菇



SIDE

Mixed Bean Sprout
with Sauce
拌豆芽

Mixed Spinach with Sauce
拌菠菜

Stir-fried Shanghai Green
with Garlic
蒜蓉上海青

Sautéed Choy Sum
清炒菜心

Kimbab
紫菜包饭



SIDE

Korean Mixed Cucumber
韩式拌青瓜

Kimchi
泡菜

Kimchi
泡菜

Kimchi
泡菜

Kimchi
泡菜



RICE

Steamed Rice
白米饭

Korean Bibimbap
韩式拌饭

Steamed Rice
白米饭

Fried Rice with Ham
火腿粒炒饭

Steamed Rice
白米饭