

KOREAN

韩式餐盒

NOM NOM

Menus may be subject to change due to daily availability of ingredients / 菜单有可能会根据日常原材料的供应状况做相应调整

WEEK 2

DATE

MONDAY

January 11

TUESDAY

January 12

WEDNESDAY

January 13

THURSDAY

January 14

FRIDAY

January 15



MAIN

Korean Stir-fried Pork
with Chili Sauce
韩式辣酱炒猪肉

Chicken Stew
with Carrot & Mushroom
胡萝卜香菇炖鸡

Stir-fried Shrimps
with Chili Sauce
韩式辣酱炒虾仁

Korean Marinated Beef
韩式酱牛肉

Korean Roasted Pork Neck
with Sauce
韩式烤猪颈肉



MAIN

Korean Tofu
韩式豆腐

Korean Pork Wrap with
Chinese Cabbage
韩式白菜包猪肉

Korean Stir-fried Vermicelli
with Mixed Vegetables
韩式杂菜炒粉条

Stir-fried Fish Tofu
with Chili Sauce
韩式辣酱炒鱼豆腐

Eggplant Tempura
天妇罗茄夹



SIDE

Spinach with Sesame
菠菜配芝麻

Pan-fried Egg
煎蛋

Kimchi Cake
泡菜饼

Seaweed
海草

Korean Stir-fried Beef
with Cucumber
韩式青瓜炒牛肉



SIDE

Korean Side Dish
韩国小菜

Korean Side Dish
韩国小菜

Korean Side Dish
韩国小菜

Korean Side Dish
韩国小菜

Korean Side Dish
韩国小菜



RICE

Steamed Rice
白米饭

Korean Bibimbap
韩式拌饭

Steamed Rice
白米饭

Steamed Mixed Grains Rice
杂粮饭

Steamed Rice
白米饭